What is claimed is:

- 1. An insect bait comprising:
 - (a) a plurality of amino acids;
 - (b) a sugar; and
 - (c) a preservative.
- 2. The insect bait of claim 1, wherein at least one amino acid is asparagine.
- 3. The insect bait of claim 1, where the plurality of amino acids has a concentration of about 2-7 g/100ml of insect bait.
- 4. The insect bait of claim 1, wherein the sugar is at least one selected from the group consisting of sucrose, fructose, glucose, maltose, trehalose, honey, cane syrup and molasses.
 - 5. The insect bait of claim 4, wherein the sugar is sucrose.
- 6. The insect bait of claim 4, wherein the sugar has a concentration of about 20-60 g/100ml of insect bait.
- 7. The insect bait of claim 1, wherein the preservative is at least one selected from the group consisting of sodium benzoate, citric acid, disodium octaborate tetrahydrate, and a mixture of sodium benzoate and citric acid.
 - 8. The insect bait of claim 1 further comprising an insect toxicant.
- 9. The insect bait of claim 8, wherein the insect toxicant is at least one selected from the group consisting of disodium octaborate tetrahydrate, thiamethoxam, orthoboric acid, borax, imidacloprid, and indoxacarb.

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- 10. The insect bait of claim 9, wherein the insect toxicant is disodium octaborate tetrahydrate.
 - 11. The insect bait of claim 9, wherein the insect toxicant is thiamethoxam.
- 12. The insect bait of claim 8, wherein the insect toxicant is an insect growth regulator.
- 13. The insect bait of claim 8, wherein the insect toxicant has a concentration of about 1-100 ppm of insect bait.
 - 14. An insect bait comprising:
- (a) a plurality of amino acids; wherein one of the amino acids is asparagine; and
 - (b) a sugar.
- 15. The insect bait of claim 14, where the plurality of amino acids has a concentration of about 2-7 g/100ml of insect bait.
- 16. The insect bait of claim 14, wherein the sugar is at least one selected from the group consisting of sucrose, fructose, glucose, maltose, trehalose, honey, cane syrup and molasses.
 - 17. The insect bait of claim 16, wherein the sugar is sucrose.
- 18. The insect bait of claim 16, wherein the sugar has a concentration of about 20-60 g/100ml of insect bait.
- 19. The insect bait of claim 14, further comprising a preservative selected from the group consisting of sodium benzoate, citric acid, disodium octaborate tetrahydrate, and a mixture of sodium benzoate and citric acid.

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- 20. The insect bait of claim 14 further comprising an insect toxicant.
- 21. The insect bait of claim 20, wherein the insect toxicant is at least one selected from the group consisting of disodium octaborate tetrahydrate, thiamethoxam, orthoboric acid, borax, imidacloprid, and indoxacarb.
- 22. The insect bait of claim 21, wherein the insect toxicant is disodium octaborate tetrahydrate.
 - 23. The insect bait of claim 21, wherein the insect toxicant is thiamethoxam.
- 24. The insect bait of claim 20, wherein the insect toxicant is an insect growth regulator.
- 25. The insect bait of claim 20, wherein the insect toxicant has a concentration of about 1-100 ppm of insect bait.
 - 26. A method for controlling insects, the method comprising the steps of:
- (a) providing an insect bait comprising a plurality of amino acids, a sugar, and a preservative; and
- (b) applying an effective amount of the insect bait to an area to be controlled.
 - 27. A method for controlling insects, the method comprising the steps of:
- (a) providing an insect bait comprising a plurality of amino acids, a sugar, a preservative, and an insect toxicant; and
- (b) applying an effective amount of the insect bait to an area to be controlled.

- 28. A method for controlling insects at a location, the method comprising the steps of:
- (a) sampling from said location at least one selected from the group consisting of nectars and honeydews;
- (b) determining compositions of said nectars and honeydews from said location;
 - (c) formulating a mimic from said compositions;
 - (d) combining the mimic with an insect toxicant; and
- (e) applying an effective amount of the mimic and insect toxicant combination to said location.
- 29. A method for preparing a granular insect bait, the method comprising the steps of:
- (a) mixing a lipid-containing substance and an insect bait comprising a plurality of amino acids, a sugar and a preservative with a granular carrier until the carrier has absorbed at least a portion of the mixture; and
- (c) subjecting the carrier to heat until the carrier retains about 8-13% moisture.
 - 30. The method of claim 29, wherein the carrier comprises corn grits.
- 31. The method of claim 29, wherein the lipid-containing substance comprises oil.
 - 32. The method of claim 31, wherein the oil comprises olive oil.